

# KanCare expansion and the Kansas BEHAVIORAL HEALTH SYSTEM

## Examples of behavioral health needs

Therapy & counseling  
Anxiety & depression services  
Substance Use Disorder treatment  
Disordered eating treatment  
ADHD services  
Psychiatric care  
Inpatient services  
Crisis response

## The situation in Kansas

In 2019, Kansas spent an estimated \$1.9 billion on services for mental health and substance use disorder. These services are usually provided by psychiatrists, psychologists, therapists, social workers, counselors, psychiatric nurse practitioners, and other specialty providers. Community-based organizations, community health workers, and federally qualified health centers (FQHCs) also provide support for behavioral health in Kansas communities.

## THE BENEFITS OF KANCARE EXPANSION ON COMMUNITY BEHAVIORAL HEALTH



Increased revenue for behavioral health providers

If Kansas expanded KanCare, Community Mental Health Centers (CMHCs) and Certified Community Behavioral Health Clinics (CCBHCs) in Kansas would receive an additional \$17.9 million annually.

Federally Qualified Health Centers (FQHCs) would receive an additional \$1 million annually.



More providers accepting Medicaid patients

Medicaid expansion is associated with a 3% increase in facilities accepting Medicaid patients. This includes psychiatric hospitals, residential treatment centers, CMHCs, and outpatient, day treatment, or partial hospitalization mental health facilities.



More visits per user of behavioral health services

States that have expanded their Medicaid programs saw an increase in mental health visits, especially at FQHCs. This increase had a strong impact on the financial strength of the FQHCs and their ability to provide integrated mental health services. Average uncompensated care for health centers in expansion states decreased by \$1.19 million compared to FQHCs in non-expansion states.



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